



S A U N T O N  
B R E A K F A S T  
M E N U

# RESTAURANT BREAKFAST MENU

**SERVED BETWEEN 7:30-10:30AM**

FRESHLY BREWED TEA AND COFFEE  
WILL BE SERVED TO YOUR TABLE



## **CONTINENTAL**

CEREALS  
FRUIT JUICES  
FRESH FRUIT  
HONEY GLAZED HAM  
SMOKED SALMON  
JARLSBERG CHEESE  
FRESHLY BAKED ROLLS AND CROISSANTS  
DANISH PASTRIES



## **FROM THE BUFFET**

GRILLED BACK BACON  
WEST COUNTRY SAUSAGES  
TOMATO  
BUTTER ROASTED MUSHROOMS  
HASH BROWNS  
FRIED EGGS  
SCRAMBLED EGGS  
BAKED BEANS  
BROWN OR WHITE TOAST  
  
POACHED/ BOILED EGGS COOKED TO ORDER

BREAKFAST 15.50 PER PERSON  
No supplement to room and breakfast guests

## **SUPPLEMENT DISHES**

---

### **GRILLED KIPPERS**

POACHED EGG, LEMON BUTTER AND WATERCRESS

5.00

### **AMERICAN PANCAKES**

SMOKED STREAKY BACON AND MAPLE SYRUP

5.00

### **CRISPY FRENCH TOAST**

FRESH BERRIES AND CHANTILLY CREAM

5.00

### **EGGS FLORENTINE**

ENGLISH MUFFIN, SPINACH, POACHED EGG,  
MUSHROOMS AND HOLLANDAISE SAUCE

5.00

### **AVOCADO TOAST**

CHILI, LIME, CORIANDER, POACHED EGG

5.00

### **SWEET POTATO AND CHORIZO HASH**

KALE, FRIED EGG AND SUNDRIED TOMATOES

5.00

### **QUINOA AND AVOCADO SALAD**

ROASTED PEPPERS, ROCKET AND BALSAMIC DRESSING

5.00

All prices include VAT

---

## **ALLERGENS**

We use a wide range of ingredients, so if you have a dietary requirement we are happy to offer meals which are free of particular allergens

Please ask one of our team members for advice



AA Hotel Group of the Year 2015-16

## SAUNTON SANDS <sup>★★★★</sup>HOTEL

SAUNTON, NEAR BRAUNTON,  
NORTH DEVON, EX33 1LQ

PLEASE FEEL FREE TO SHARE YOUR EXPERIENCES  
ON OUR SOCIAL MEDIA CHANNELS

 Saunton Sands Hotel  @sauntonsandshot  
 @saunton\_sandshotel\_devon #SauntonMoments