

The Spa at Saunton is the perfect retreat for a girls pamper day, or a very special indulgence just for you! We have some simply divine packages for you to try. Don't forget before or after your treatments you can relax by the pool, take a swim, detox in the sauna or make use of the gym... Come and make a day of it!

LA CREME DE LA CREME £155.00

Treatment time 2 hours 30 minutes

Indulge in our Deluxe Champagne & Truffle facial – Using Temple Spa's award winning Skin Truffle. This magical facial is a celebration for the skin, including a Hot Stone back, neck and shoulder massage. After, sit back and relax with a glass of bubbly and a handmade truffle whilst treating those tired feet to our Spa Pedicure - Pure bliss! Package includes tea/coffee on arrival, a light lunch and full use of the facilities.

YUMMY MUMMY TO BE £150.00

Treatment time 2hrs 30 minutes

Everything a mother-to-be should have to make her feel healthy, gorgeous and pampered.

This is our specially designed treatment for pregnant clients to enable their full body to be massaged without having to lie on their tummy! We follow this with a delicious face treatment packed with wonderful natural ingredients. Finally we finish with our Spa Pedicure. Package includes Afternoon Cream Tea and full use of the facilities.

A SERIOUS TREAT £140.00

Treatment time 2 hours

Indulge your body with our glorious mud detox body wrap, whilst cocooned, our fabulous Power Breakfast facial is preformed. Concluding with a back massage suited to your needs – scrumptious! Package includes tea/coffee on arrival, a light lunch and full use of the facilities. Our therapy suites are waiting for you!

A MINI TREAT £80.00

Treatment time 1 hour

Relax and unwind with us in the Therapy Suites. Indulge in Temple Spa's mini treatments recharging those batteries. Package includes full use of the facilities and Afternoon Cream Tea. Choose two of the following treatments: Power Breakfast facial - Driftaway Back Neck & Shoulder massage – Express Manicure – Express Pedicure- Indian Head Massage

TWILIGHT TREAT £50.00

(from 4PM) Treatment time 30 minutes

Need some 'me time' but haven't got long?! Come and spend some time unwinding with us in the Therapy Suites. Package includes full use of the facilities FROM 4PM and a Sandwich or Cream Tea. Choose one of the following treatments:

Driftaway Back Massage – Power Breakfast Facial - Mini Manicure- Indian Head Massage

TEMPLE SPA INDULGENCE £100.00

Treatment time 90 minutes

Come and spend a day with us. Indulge in a 90 minute massage, a choice of: Driftaway (a really relaxing top to toe massage, includes the face) Work It Out (a detoxifying, deep tissue massage) In Good Spirits (a top to toe invigorating and energising massage, includes the face) Package includes tea of coffee on arrival, a light lunch and full use of the facilities throughout the day – bliss!

To book please call: 01271 890212



THE SPA

AT SAUNTON

PAMPER PACKAGES

SAUNTON SANDS HOTEL ****



TEMPLESPA

