

# What's on

THIS

# Summer

## KEY

	Book at The Playroom
	Weather dependent
	Book at reception
	Just turn up
	Source Spa class

13TH JULY – 1ST SEPTEMBER 2019

## SATURDAY

### 8AM - Morning Yoga

Vinyasa flow yoga with Bay Fitness on the lawn or in The Studio. The best start to the day.



### 10AM-4.30PM - Summer Activities

Enjoy a summer themed day with us! Design your own caps, beach bags, flower pots plus sand art fun. Includes a snack and outside entertainment too.



### 11AM-1PM - Walking on Waves

Surfing lessons with the Walking on Waves Surf School, for ages 10+. Limited spaces. Meet in reception at 10.50am.



### 6PM - Coco-nuttiness

Come along and join in an hour's fun and craziness with Captain Coconut.



### After Dinner - DJ Roger Lee

Dance the night away in The Studio/ Gallery at Roger's infamous disco.



## SUNDAY

### 8.15AM-10AM Early Bird Breakfast Club

Let us collect your little ones from your room and take them to breakfast while you have a well-deserved lie in.



### 9AM - Tai Chi

Originating in ancient China, Tai Chi is one of the most effective exercises for health of mind and body. Suitable for everyone from ages 13+.



### 10AM-1PM - Let's Go Fly a Kite

Kite flying in the dunes with The Playroom team.



### 10PM-1PM - Get Crafty

Join in the fun with a mixture of arts, crafts and games in The Playroom.



### 2PM-4.30PM - Laser Clay Shooting

Have a whirl at laser clay shooting on the pitch and putt lawn. Young children must be accompanied by an adult.



### 2.15PM - Pancake Making

Create your own pancakes with lots of yummy toppings to choose from.



### After Dinner - Place Your Bets

Have a flutter at our ever-popular race night in The Terrace Lounge.



## MONDAY

### 10AM-11AM/11AM-12PM

#### Go Kart Party!

Boys and girls can drive around our inflatable track. Includes fun, games and medals. Ages 4-10. Meet on the helipad! (Not available 22nd July).



### 10AM-1PM - Popsicle-tastic

Make some delicious popsicle cookies and decorate them with funny faces in The Playroom.



### 1.30PM-4PM - Cool Creations

Craft your own wooden models, keepsake boxes and puppets.



### 2PM-3.30PM - Junior Surfing

(5-10yrs only) Surfing lessons with the Walking on Waves Surf School. Limited spaces. Meet in reception at 1.50pm. A parent/guardian must attend.



### 4.30PM-5.30PM - Ranger Russ

Join Ranger Russ and his creepy crawlies in The Studio for a fabulous show for all the family.



## TUESDAY

### 9AM-10AM - Pilates

Stretch with strength and control. Low impact physical conditioning class for all levels.



### 10AM-1PM - Pirate Party

It's pirate morning! Make your own swords, hats and treasure chests followed by a trip to Saunton's pirate ship.



### 1.30PM-4PM - Grab the Popcorn

Watch a film and enjoy some popcorn. Plus get creative with some arts and crafts.



### 3PM - Circus Workshop

Join Spangles the clown and learn some great circus skills in The Studio.



### 3.30PM-6PM - Rapid Reactions

Enjoy our Batak Reaction Wall and garden games on the lawn.



### 6PM - Circus Workshop

Join Spangles the clown and learn some great circus skills in The Studio.



### After Dinner - Family Night

It's Saunton's family night! Including a photo booth and the big family quiz.



## WEDNESDAY

### 8AM-9AM - Morning Yoga

Vinyasa flow yoga with Bay Fitness on the lawn or in The Studio. The best start to the day.



### 10AM-1PM - Make and Bake

Mix, bake and decorate your biscuits for tonight's pyjama party. Plus arts and crafts.



### 11AM-1PM - Walking on Waves

Surfing lessons with the Walking on Waves Surf School, for ages 10+. Limited spaces. Meet in reception at 10.50am.



### **NEW** 2.30PM-4PM - Paint Party

Be creative with our new activity 'All things paint' out on the lawn, plus water fights!



### 4PM-5PM - Jonathan Marshall's

Amazing Horse and Birds of Prey Show This fantastic outdoor show is not to be missed - see you on the lawn.



### 7PM-10.30PM - Pyjama Party

Enjoy this fab evening with fun and games in The Studio. Limited spaces available.



## THURSDAY

### **NEW** 10AM-12PM Guided Walk & Talk

Join our fantastic guide Jon for an informative guided walk of the burrows and the historic WWII Matilda Tank. Approx 3 miles (2 hour walk), please dress weather appropriate and pack a drink. Meet in reception at 9.50am.



### 10AM-2.30PM - Beach Fun

Join our Playroom team on the beach for some fun and games, crabbing and sandcastle making plus a picnic too!



### 10.30AM-11.30AM - HIIT

Effective cardio workout of high-intensity interval training.



### 1.30PM-2.30PM - Junior Tennis Coaching

Meet on the outside court for some expert tuition.



### 2.30PM-3.30PM - Adult Tennis Coaching

Meet on the outside court for some expert tuition.



### 3PM-4PM - Playroom Fun

Our Playroom is open for fun, games, arts and crafts.



### 4.30PM-5.30PM - Merlin's Science Show

As seen on Britain's Got Talent, join Merlin for his amazing science show in The Gallery.



### 7.15PM-8.15PM - Evening Yoga

Calming, deeper, restorative poses and stretches. Helping you unwind for the night.



### **NEW** After Dinner - Pure Magic

Go 'Radio Gaga' for our Freddie Mercury tribute act 'Pure Magic' and dance like a 'Killer Queen' (or King!).



## FRIDAY

### 7.30AM-8.15AM - Pilates

Stretch with strength and control. Low impact physical conditioning class for all levels.



### 8.15AM - Early Bird Breakfast Club

Let us collect your little ones from your room and take them to breakfast while you have a well-deserved lie in.



### 8.30AM-9.30AM - Pilates

Stretch with strength and control. Low impact physical conditioning class for all levels.



### 10AM-1PM - Tie Dye

Design your own tie dye t-shirt, plus enjoy mosaic making.



### 1.30PM-4PM - Découpage It

An afternoon with The Playroom team of découpage fun and mosaic making.



### 4.15PM-5PM - Obstacle Racing

Get competitive with our mini obstacle course out on the lawn. Ages 5+.



### After Dinner - Eyes Down

Family fun bingo in The Terrace Lounge. Prizes to be won.



## SATURDAY

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### 9.30AM-10.30AM - Morning Yoga

Vinyasa flow yoga with Bay Fitness on the lawn or in The Studio.



### 10AM-4.30PM - Summer Activities

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