

SAUNTON SANDS

HOTEL & SOURCE SPA

WINTER
Escapes

B R E N D
COLLECTION



Which WINTER BREAK?

Whether you fancy an overnight stay with spa experiences or an indulgent weekend getaway of non-stop gourmet adventures, we've got it covered.

Which will you choose?

To book your break, visit our website, call our reservation team on 01271 890212 or email reservations@sauntonsands.com

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Winter breaks available from
1 October 2023 – 28 March 2024

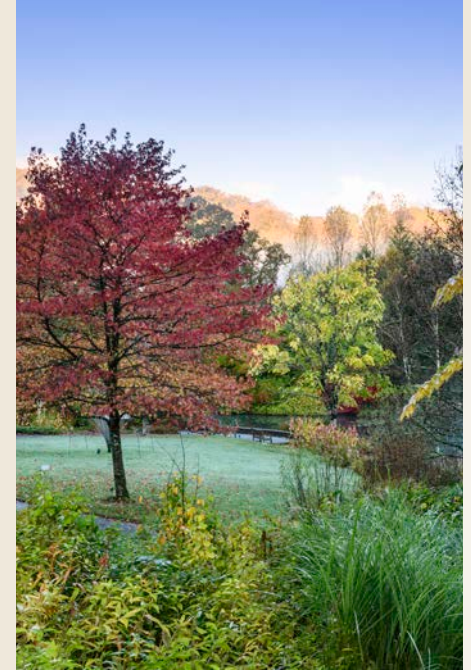
*Excluding 23 December – 2 January

THE *Devon* EXPERIENCE

Explore the beautiful coastline and countryside without the crowds, and feast on the county's finest produce.

Make like a local and explore the wild coastal landscape before cosying up with a glass of wine and an indulgent cream tea on this experience-led break.

Stay for three nights or more to enjoy the ultimate Devon Experience at no extra cost. The package (worth £75 alone) includes a traditional Devon cream tea, a day trip to RHS Garden Rosemoor with its enchanting Winter Garden, a bottle of Devon wine and a complimentary dinner on one night of your stay.



from £99

per person, per night, in a cosy room. Minimum three-night stay.

Includes (Totalling £75 per person)

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant on one night
- Daily use of Source Spa
- Day trip to RHS Garden Rosemoor
- A bottle of Devon wine
- Traditional Devon cream tea
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



GROUP Weekend GETAWAY

Make memories with your closest friends in this incredible setting with fun facilities.

15% off groups of 10 or more

A weekend at Sauntun with your nearest and dearest chums is guaranteed to create memories.

After settling into your spacious hotel rooms or self-catering apartment, luxuriate in our state-of-the-art Source Spa, or experience the breeze in your hair and the crashing ocean at your feet as you take a wintry walk on Sauntun Beach before returning to join a group fitness or yoga class. Evenings call for a round of cocktails in the bar, followed by sumptuous feasting at our restaurant and late-night drinks in the lounge.



from £133

per person, per night, in a cosy room.

Includes

- Room and breakfast
- Daily use of Source Spa
- Daily fitness classes
- Free WiFi and on-site parking
- Three-course dinner in our two-AA-rossette restaurant from just £45 per person (optional extra)
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



Winter WEEKENDS

Revive, rejuvenate and cosy up in peaceful surroundings.



There are so many exciting watersports to try during your winter weekend getaway. At Saunton Beach, you can rent a wetsuit (or bring your own) to enjoy surfing, kitesurfing and coasteering. We've even extended surfing lessons to continue throughout October, so there's no reason not to make the most of the clean waves and famed surf location.

After the ocean thrills, you can look forward to snuggling up in one of our cosy Dryrobes, heading back to the hotel and luxuriating in the warmth of Source Spa. Following your spa session, enjoy a well-deserved afternoon tea in the Terrace Lounge or crowd-pleasing dining in our acclaimed restaurant.



from £133

per person, per night, in a cosy room.

Offer excludes 23 December – 2 January.

Includes

- Room and breakfast
- Daily use of Source Spa
- Daily fitness classes
- Free WiFi and on-site parking
- Three-course dinner in our two-AA-rosette restaurant from just £45 per person (optional extra)
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



FAMILY *Winter* HOLIDAY

Staying at Saunton is so much more than just a beach holiday – it's about gathering with family to create memories in a fun, relaxed and breathtakingly beautiful environment.

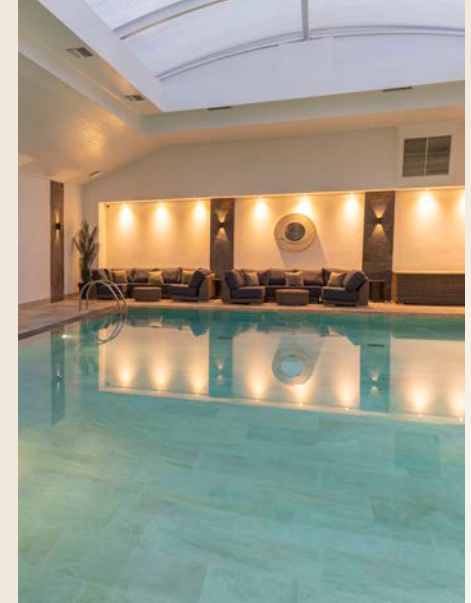
Under 12s stay free

1 November – 28 March
(excluding Christmas and New Year)

There's so much for the family to do in the winter at Saunton, both inside and out. Inside the hotel, the large heated pool is a favourite, as is the entertainment programme during school holidays. Children under 11 also receive a complimentary session in the playroom every day of their stay, keeping them amused while grown-ups enjoy precious time to swim, spa, walk or read the paper with a coffee in the lounge.



Come evening, gather the family for dinner in the restaurant. Alternatively, give the kids an early supper and let us organise babysitting so you can enjoy a sumptuous dinner in the knowledge that the kids are tucked up safely in bed.



from £133

per person, per night, in a cosy room.
Children under 12 stay for free from
1 November to 23 December when sharing
a room with parents. Dining charges apply.

Includes

- Room and breakfast
- Daily use of Source Spa
- One session each day of free supervised childcare
- Daily fitness classes
- Free WiFi and on-site parking
- Three-course dinner in our two-AA-rosette restaurant from just £45 per person (optional extra)
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



October HALF TERM

Experience outdoor and indoor thrills and
find time to reconnect as a family.

14 October – 4 November



October half term is all about getting the family together, which is why we've curated a half term break which runs for three weeks – so the different dates across the UK are covered.

October half term is also when we ramp up the amount of free activities included in the cost of your stay. Surfing lessons (for adults and children), go-karting and tennis are complemented by a wide range of activities for little ones, such as Captain Coconut's entertainment show and Halloween-themed fun in the Playroom. During school holidays we also host activities for the whole family such as family quiz nights and big-prize bingo.

Another draw is that we offer one session each day of free supervised childcare. Children can make friends and get creative in the Playroom while parents can slip away for some indulgence in the spa or a glass of wine in the glam Terrace Bar.

Take the stress out of packing for little ones by using our Baby Go Lightly service, so that when you arrive in your room you'll be equipped with all of the essentials. Simply scan the QR code for more information.



from £133

per person, per night, in a cosy room.

Includes

- Room and breakfast
- Daily use of Source Spa
- One session each day of free supervised childcare
- Inclusive entertainment programme
- Free WiFi and on-site parking
- Three-course dinner in our two-AA-rosette restaurant from just £45 per person (optional extra)
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



Walking BREAK

Pull on your walking boots and explore the wild beauty of Exmoor, the coastal charm of Ilfracombe and fascinating WWII history hidden in the dunes of Braunton Burrows.

1 – 5 October



The best way to fully immerse yourself in the stunning landscape and learn its rich history is to join our four-night guided walking break.

If you're keen to discover the area's insider finds then you'll be delighted by our experienced guide John Ward of Exploring North Devon and Exmoor. He's been trekking the region's trails for over 30 years and is a font of knowledge when it comes to the myths and legends of the local moorland and the American military history associated with Saunton Beach and Braunton Burrows.

Scan the QR code for the full walking break itinerary.



In addition to the rambling, guests can look forward to a three-course supper each evening, sweet slumber in a plush bedroom and blissful rejuvenation in Source Spa.



from £700

per person, for four nights, in a cosy room.

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant each evening
- Daily use of Source Spa
- Two guided walking tours including packed lunches
- Sole Energiser leg and foot treatment (worth £65)
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



Saunton SUNDAYS

Winter breaks mean low-season prices, and this end-of-week offer is an affordable option for those looking for a luxury getaway that doesn't break the bank.

Reimagine the long weekend and book Monday off instead of Friday to enjoy an excellent saving. With our Saunton Sundays offer you'll receive a one-night stay including a three-course dinner and breakfast.

The winter months are quieter on the coast, so you can take advantage of the almost-deserted beaches and calm roads to enjoy a slower pace of seaside life. It's also the perfect time to make the most of seasonal indulgences, such as those offered in our Art Deco restaurant The Dining Room.



The crowd-pleasing menus are switched up with the seasons to showcase hyper-local ingredients, so winter cravings are fed with the likes of a warming bowl of smoked haddock chowder.



from £133

per person, per night, in a cosy room.

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant
- Daily use of Source Spa
- Daily fitness classes
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



25% off SAUNTON APARTMENTS

Stay for four (or more) nights in one of our luxury apartments to enjoy a fabulous discount and get the most out of your Saunton break.

Plump for a seven-night stay and enjoy dinner for free on one night.

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If your gang are looking for a luxury coastal break with the facilities of a four-star hotel but all the freedom of apartment living, then don't miss this seasonal offer.

With enviable views of sweeping dunes and glistening waters, our apartments will sweep you up in the beauty of Saunton. Top-notch amenities and tasteful furnishings add to the sumptuous experience, while further delights await thanks to daily use of Source Spa, fitness classes and direct beach access.



Did you know that our Saunton apartments are dog-friendly? There's no need to leave your pup behind on holiday as he too can make the most of Saunton Beach walks and blissful coastal living.



Scan here for more information on our apartments

from £50

per person, per night, based on full occupancy and a four-night stay. Dogs charged at £20 per night. Offer excludes 21 – 29 October and 23 December – 2 January.

Includes

- Self-catered accommodation
- Daily use of Source Spa
- Daily fitness classes
- One session each day of free supervised childcare
- Free WiFi and on-site parking
- EV chargers (book via Smappee — rates applicable)

Scan the QR code to book



Spa BREAKS

Experience the warming embrace of our state-of-the-art spa while soaking up wintry views of the ocean.



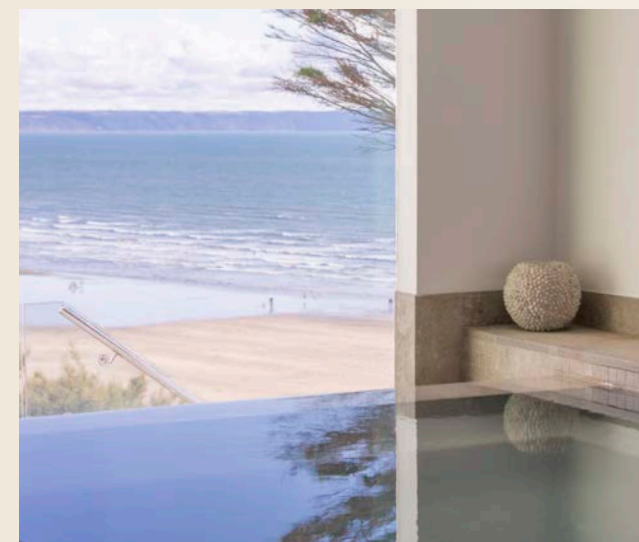
A head-to-toe hot stone massage is a blissful way to recharge

The cold temperatures of winter can cause our bodies to feel stiff. However, the use of our indoor pool, thermal suite and gym can help alleviate these symptoms, as well as improve circulation which boosts immunity and aids relaxation.

The thermal suite offers awesome views of the coastline and is an inspiring place to unwind. Watching stormy waves crash on the shore as you soak in your thermal journey is a truly memorable experience.

Guests enjoy free daily access to the spa, allowing them to make the most of its facilities whenever it's convenient for them.

From massages and facials to body wraps and scrubs, Source Spa offers a wide range of treatments. Our experienced therapists use natural products to soothe and nourish skin, leaving you feeling refreshed and revitalised.



Scan the QR code to book





A winter spa break is guaranteed to provide a vitality boost.

Recline in luxury on the relaxation deck – with cosy blankets, mulled wine and spectacular views of the coastline – as you contemplate the spa treatment of your choice. Popular options include our Bespoke Source Facial, the Chance to Dream full-body aromatherapy massage, and Chakra Calm neck, face, scalp, hand and arm massage. Afterwards, reach peak relaxation in the thermal suite.



Beyond the spa experience, invigorating beach walks in our cosy Dryrobes, a swim in the large heated pool, gym sessions and fitness classes followed by delicious feasting in the restaurant are guaranteed to revitalise spirits in the depths of winter.



ONE-NIGHT SPA BREAK

from £195

per person, in a cosy room.



Scan the QR code to book

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant
- Daily use of Source Spa
- One 30-minute spa treatment
- Daily fitness classes
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

TWO-NIGHT SPA BREAK

from £330

per person, in a cosy room.



Scan the QR code to book

Includes

Everything from the one-night break plus:

- Additional 30-minute spa treatments (upgrade to 60 minutes at additional cost)
- Three-course dinner in our two-AA-rosette restaurant on one night of your stay

THREE-NIGHT SPA BREAK

from £750

per person, in a sea-facing room.



Scan the QR code to book

Includes

Everything from the one-night break plus:

- Additional 90-minute spa treatments
- Bottle of Champagne in your room
- Three-course dinner each night in our two-AA-rosette restaurant

Cold-water SWIMMING BREAKS

Take the plunge and invigorate body and soul with a little cold-water therapy.

17 – 19 November | 12 – 14 January | 9 – 11 February



Our coastal hotel and spa is one of the best places in the country to safely enjoy cold-water swimming. With this two-night break created in partnership with Chill UK, you can enjoy all the health benefits of cold-water dipping in a beautiful natural environment, alongside our spa facilities to help you warm up and rejuvenate afterwards.

During your stay, you'll learn the health and wellbeing benefits of cold-water therapy, as well as essential techniques for safely submerging in cold water.



Experts Mike Morris and Dr Mark Harper from Chill UK will lead the breaks, providing their extensive knowledge along the way to enrich your journey and reveal valuable insights into the world of cold-water swimming.

In addition to thrilling swims, guests can look forward to warming spells in Source Spa thermal suite and pampering in treatment rooms.



from £550

per person, for two nights,
in a cosy inland room.

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant on both nights of your stay
- Sessions led by Chill UK experts
- Additional breathwork, yoga and Pilates classes
- Access to thermal suite
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book





WHICH *Festive* BREAK?

We go all-out for the festive period – from the hotel's twinkling decorations to tailored hotel and spa breaks.

Time to decide which Yuletide experience takes your fancy ...

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Festive breaks available from
26 November 2023 – 2 January 2024

Scan the QR code to book



Pre-Christmas

MIDWEEK BREAK

Retreat to the coast for tranquillity and festive thrills before the big day.

1 – 23 December



Book now to look forward to an idyllic pre-Christmas getaway by the coast where you can experience the hotel decked out in all its Christmas finery. Outdoors the beautiful backdrop of Saunton Beach – and beyond – awaits exploration.



from £295

per person, per two-night stay, with dinner and breakfast. Children stay free*

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant
- Daily use of Source Spa
- Festive afternoon tea with a glass of Prosecco
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



Festive

WEEKEND WONDER

There's simply nowhere better to celebrate the season, and this weekend offer pulls together plenty of festive delights into one perfectly wrapped package.

1 – 3 December



Looking to celebrate a family Christmas break early or just fancy a weekend away before the big day? This festive one-off special is the perfect getaway to revel in freedom by the sea and enjoy all the fabulous facilities the hotel has to offer.



from £295

per person, per two-night stay, with dinner and breakfast.

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant
- Daily use of Source Spa
- Visit to Santa's grotto
- Afternoon tea buffet
- A glass of Prosecco
- Children's entertainment
- Festive disco
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

Scan the QR code to book



Festive

FAMILY BREAK



The whole family will enjoy this bespoke break which is packed-to-bursting with festive treats.

17 – 20 December



Saunton Sands Hotel provides authentic home-from-home warmth and the nostalgia of a traditional Christmas. As well as luxuriating in the seasonal activities and fabulous facilities within the hotel, you'll also be just a stone's throw from stunning Saunton Beach. This is one of our most popular breaks, so book early to ensure you don't miss out.



from £430

per person for a three-night stay in a cosy room, with dinner and breakfast. **Children stay free***

Includes



- Room and breakfast
- Three-course dinner in our two-AA-rossette restaurant
- Daily use of Source Spa
- Visit to Santa's grotto
- Afternoon tea buffet
- Children's entertainment
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

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Sea-sonal

SPA SPLENDOUR

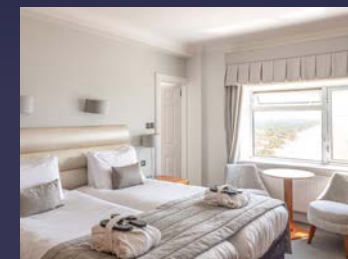


A two-night luxurious festive spa break for two which is guaranteed to give you a feelgood boost.

26 November – 22 December



Celebrate the magical season in style, with a splendid spa break with a friend or partner. This is the perfect break for reconnection and a recharge boost before the Christmas madness begins.



from £495

per person, for a two-night stay in a sea-view room, with dinner and breakfast.

Includes



- Sea-view room
- Breakfast and dinner each day
- Daily use of Source Spa
- Two signature spa treatments
- Festive afternoon tea
- A bottle of Saunton Gin
- A hamper of Source Spa products
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

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New Year's Eve BREAK

Round off the year in ultimate Saunton style.

30 December – 2 January



Revel in three nights of glamour and fun at our luxe hotel by the beach. Fabulous feasting, fine wines and cocktails, entertainment and dancing come together on New Year's Eve at Saunton. Top and tail the main event with relaxation, spa treatments, swimming in the indoor and outdoor pools, family fun, afternoon teas and walks on the beach.

from £827

per person, per three-night stay in a cosy room, with dinner and breakfast. Bed and breakfast prices are also available – please contact reservations or check online for more information.

Includes

- Room and breakfast
- Daily use of Source Spa
- A New Year's Eve Champagne reception followed by a black-tie gala dinner. At the same time, a children's pyjama party is held in the Playroom, so parents can enjoy the party while kids are happy and entertained
- After-dinner entertainment from tribute act Soul Sensation on New Year's Eve
- Big-prize bingo in the Terrace Lounge on New Year's Day
- Afternoon visits from Spangles the Clown and his workshop for little ones
- A programme of entertainment and full use of all our facilities

Scan the QR code to book



New Year's Eve SPA-KLING BREAK

Want to dial up the luxe for your New Year's Eve break? Turn it into a spa break.

30 December – 2 January



Relish all the glamour and glitter of our New Year's Eve break but with the additional highlights of two 30-minute spa treatments plus a bottle of Saunton Gin, a Source Spa hamper and three-course feasts in The Dining Room.

from £1,500

per couple, for a two-night stay in a cosy room, with dinner and breakfast.

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant each evening
- Daily use of Source Spa
- A New Year's Eve Champagne reception followed by a black-tie gala dinner
- A bottle of Saunton Gin
- Hamper of Source Spa products
- Two 30-minute spa treatments
- Children's entertainment
- Free WiFi and on-site parking
- EV chargers (book via Smappee – rates applicable)

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Special EXPERIENCES

Additional special experiences and breaks for your 2023/2024 hit list.



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code to book

EARLY NEW YEAR WEEKEND SPECIAL

Make the first week of 2024
count. 5 – 7 January

£275

per person, for two nights, including
dinner, room and breakfast.

Includes

- Room and breakfast
- Three-course dinner in our two-AA-rosette restaurant
- Cream tea buffet on 5 January
- A glass of Prosecco with dinner on 6 January
- Roger Lee after-dinner disco

KIDS STAY FREE*



Scan the QR
code to book

FEBRUARY HALF TERM

A special getaway for all the
family. 10 – 17 February

from £133 per person.

Includes

- Room and breakfast
- *Kids under 12 stay free
- Full entertainment programme
- Save 25% on apartments (now dog friendly!)



Scan the QR
code to book

ITALIAN WINE EXPERIENCE

Unmissable break for wine
lovers. 24 and 25 November

from £300

per person, for two nights in a cosy
room, with dinner and breakfast.

Includes

- Room and breakfast
- Four-course tasting menu created by head chef Mathias Oberg, with paired Italian wines on 24 November
- Talks and discussions from expert host on 24 November

Stay one night from **£175** per person

Tickets only **£75** per person



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code to book

CHAMPAGNE EXPERIENCE

Fizz and finesse. 19 January

from £175

per person, for one night in a cosy
room, with dinner and breakfast.

Includes

- Room and breakfast
- Four-course tasting menu created by head chef Mathias Oberg, with paired Champagnes
- After-dinner entertainment

VALENTINE'S BREAK

Ultimate romantic retreat. 10 – 17 February

from £500 per couple, for two nights.

Includes Room and breakfast. Dinner in our two-AA-rosette restaurant on one night of your stay and one 30-minute spa treatment.



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BREND
COLLECTION



Discover our
Christmas breaks



SCAN HERE



Discover our Twixmas breaks



SCAN HERE



SAUNTON SANDS

HOTEL & SOURCE SPA



How to book – Simply call our reservations team on 01271 890212

or email reservations@sauntonsands.com | sauntonsands.co.uk | [f](#) [t](#) [i](#)

Saunton Sands Hotel, Saunton, near Braunton, North Devon, EX33 1LQ

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