

SPA DAY LUNCH MENU

Main Courses included.

Please note that supplement charges apply where prices are shown.

CAKES AND PASTRIES	£	TEAS AND COFFEES	£
Toasted tea cake Served with butter and preserve (257kcal)	3.50	Pot of tea	4
Saunton signature cakes Please ask your server for today's selection	4	Pot of freshly brewed filter coffee	4
Devon cream tea - Available from noon Two freshly baked scones (plain 164kcal or fruit 365kcal) Local clotted cream (234kcal for 40g), strawberry preserve and a pot of tea	12	Espresso	3.50
Selection of biscuits	3	Cappuccino / Latte	4.50
		Mocha	4.50
		Hot chocolate	4.50
		Deluxe hot chocolate	5.80

MINI DELIGHTS

Available daily 12pm-9pm

Marinated bella napoli olives (V)(235kcal)	5	Sweet potato fries Chipotle mayo (V) (810kcal)	6
Sweet chilli and lime peanuts (V)(539kcal)	6	Prawn Marie-Rose Sliders Brioche roll (560kcal)	9
Chorizo and Cheese Croquette Saffron aioli (659kcal)	8	Thai Crab Cakes Sweet chilli dip (213kcal)	9

SANDWICHES

Available 24 hours unless stated otherwise. All served with coleslaw and potato crisps

Free-range egg mayonnaise

Served on granary bloomer bread with watercress. Vegan alternative available. (703kcal)

Saunton BLT (available 10am-9.30pm)

Served on granary bloomer with bacon, lettuce, tomato, ranch dressing (670kcal)

Add a fried egg 3

South West cheddar

Served on white bloomer bread with tomato chutney. Vegan alternative available. (815kcal)

Breaded fish goujons (10am-9.30pm)

Served on white bloomer bread with tartare sauce and baby gem lettuce (804kcal)

Smoked salmon and cream cheese

Served on granary bloomer bread with chives and cucumber (670kcal)

Roasted turkey

Served on brown bloomer with cranberry sauce, spinach, stuffing (653kcal)

SPA DAY LUNCH MENU

Main Courses included.

Please note that supplement charges apply where prices are shown.

LIGHT BITES Available 12pm – 4.30pm

Curried carrot and coconut soup V

With a warm bread roll (276kcal)

Loaded nachos V

With three bean chilli, avocado, grated cheddar cheese and coriander (782kcal)

Guinea fowl & prosciutto terrine

With pickled red cabbage, cranberry sauce, pistachio crumb (9kcal)

Chicken caesar salad

With cos lettuce, anchovies and shaved parmesan (473kcal)

Cornish crab & sweetcorn chowder

With spring onions, charred sourdough, coriander cress (346kcal)

Crushed garden peas on toast V

Chilli, lime, coriander, poached egg (352kcal)

HOT DISHES Available 12pm – 4.30pm

£

£

Korean spiced mushroom and quinoa burger V

With miso and lime mayonnaise, kimchi, rocket and french fries (887kcal)

Saunton burger

With monterey jack, smoked streaky bacon, red onions, gherkins and french fries (1382kcal)

Fish and chips

With Sharp's Brewery Doom Bar batter, mushy peas, french fries and tartare sauce (1009kcal)

Butternut Squash and Lentil Curry

Steamed rice, mango chutney, poppadum's, coriander cress (V) (760kcal)

Add chicken

5

Chicken & Mushroom Pie

With puff pastry, mashed potatoes, carrot & peas (kcal)

River Exe mussels

With bouillabaisse, crusty bread, parsley sauce rouille, french fries (714kcal)

Catch of the Day

With crushed new potatoes, sautéed spinach, brown shrimp butter

10oz Dry Aged Beef Sirloin

With French fries, cherry vine tomatoes, peppercorn sauce (1142kcal)

10

SIDE ORDERS

All 5

French fries (780kcal)

Grilled tenderstem broccoli (172kcal)

New potatoes (217kcal)

Green peas (242kcal)

Spinach and garlic (151kcal)