



Twixmas and New Year

WEDNESDAY 27

10am-1pm – Christmas Candy Pops!

Join our Ziggy Zags team in the playroom to make your own marshmallow candy pops.

2pm – Sleeping Beauty

Take the whole family to the Queen's Theatre in Barnstaple to watch the Christmas Pantomime. Tickets are booked on a first come first served basis by emailing: guestrelations@sauntonsands.com. Please note that transport is not provided and it is not a supervised show. Pre-booking in advance is essential.

3pm - Race Afternoon Place your bets please with an afternoon at the races! Join us in the Terrace Lounge.

9pm - After Dinner Quiz Join Roger Lee in the Terrace Lounge after dinner for the infamous Christmas quiz.

THURSDAY 28

10am-1pm – T-Shirt Making

Design your own funky t-shirt and dive into the world of arts and crafts!

2pm-4.30pm – Arts and Crafts All ages welcome and to get creative and join the Ziggy Zags team in some Arts and Crafts.

4pm – Merlin's Science Show Watch Merlin's explosive science show in the Gallery.

FRIDAY 29

10am – Guided Walk and Talk

Join our fantastic guide John for an informative guided walk of Braunton Burrows and the historic WWII Matilda Tank. Approx. 3 miles (2 hour walk). Please dress weather appropriate and pack a drink. Meet at Guest Relations at 9.50am.

10am-1pm – Arts and Crafts

Get stuck into some festive fun with Sand, Paper and Scratch Art.

2pm-4.30pm – 3D Model Making

Show your festive imagination and inspiration with 3D models.

4pm - Emazdad Join Emazdad and his friends to see the magic of Christmas come to life in the Gallery.

After Dinner - Pianist Brian Payne entertains with background instrumental in the cocktail bar.

SATURDAY 30

10am-1pm – Winter Glow Designs

Release your creativity and design your own tea light, with wooden model and decoupage.

2pm-4.30pm – Arts and Crafts

All ages welcome and to get creative and join the Ziggy Zags team in some Arts and Crafts

4pm – Magic Luke Watch as Magic Luke shows off his fanciest of tricks in the final show of the year!

After Dinner – Karaoke Evening

Warm up those pipes for an evening of Karaoke in the Gallery. ★

NEW YEARS EVE

7am-8pm – Source Spa

Indulge in a relaxing Source Spa experience before you put your glad rags on for the countdown.

10am-3pm – Illuminating Crafts

Design your own tea lights and New Year calendar, along with Mandela rock art and decoupage.

4pm – Captain Coconut Join us as Captain Coconut dazzles with his grand finale of the year.

5pm – Children's Buffet Straight after the joyous Captain Coconut show, enjoy a delicious buffet in the Gallery.

6.30pm-11pm Pyjama Party Don your comfiest PJ's and join the cosy gathering in the Playroom, where you can enjoy board games and films. Hurry, spaces are limited! Ages 5-12 years and booking essential.

7.15pm – New Year's Eve Gala

Dinner Celebrate the New Year's Eve Gala Dinner in style by joining our management team for a delightful pre-dinner drinks reception. Secure your spot now for the 8pm start. Booking is essential for this fabulous event.

After Dinner – Soul Sensation

Soul Sensation tribute act rocks the stage, followed by Roger Lee's New Year's disco!

NEW YEARS DAY

8am-9pm – Source Spa Start New Year's Day as you mean to go on, with a thoroughly relaxing Source Spa experience.

10am-3pm – New Year Fun and Games Join us in the playroom for creative crafts and 3D modelling.

1.30pm-3pm – Spangles Circus Skills (ages 4+) Step right up to the Gallery and join Spangles the clown for a circus adventure! Learn awesome tricks and skills to amaze your friends and have a blast!

4pm – Spangles Circus Show Kids show off their new circus skills to family and friends in the Gallery.

After Dinner – Cash Bingo

Thrilling family fun and BIG PRIZES await at the Terrace Lounge after dinner! Don't miss it!

TUESDAY 2

10am-1pm – Tasty Treats

Come along to the playroom and enjoy candy pop making and get stuck into some arts and crafts.

KEY:

■ Call the playroom (020) to book

■ Just turn up

■ Call Guest Relations (042) Booking essential

SAUNTON SANDS

HOTEL | SOURCE SPA & WELLNESS



SOURCE CLASS

TIMETABLE

SATURDAY 30th

9am-9.45am Pilates **AW**
5pm-6pm Moon Practise Hatha Yoga **NK**

NEW YEARS EVE

10am-10.45am All Dance Style Workout **NB**

NEW YEARS DAY

No fitness classes today

TUESDAY 2nd

8.30am-9.30am Sun Practise Hatha Yoga **NK**
10am-11am Energising Wake Up Yoga **JW**
11.15am-12pm All Style Dance Workout **NB**
12.15pm-1.15pm Full Body Workout **MM**
5pm-5.45pm Pilates **NB**

WEDNESDAY 3rd

8am-9am or 9.15am-10.15am Pilates **MM**
8am-9am Coast and Cardio Beach Walk **NB**
10.30am-11.30am Silver Swans Ballet **NB**

THURSDAY 4th

7.30am-8.30am Energising Wake Up Yoga **JW**
5pm-6pm Align and Flow Yoga **JW**

FRIDAY 5th

8.15am-9.15am Feel Good Friday Flow Yoga **JW**
9.30am-10.30am Feel Good Friday Flow Yoga **JW**
6pm-7pm Breathwork **NK**

INSTRUCTORS:

AC Anna Clarke, NK Natasha King, MM Megan Martin,
NB Natasha Burgess, JW Jessica Wright

INFORMATION:

To book onto a class please see our Guest Relations Team or call 042 or 003
Classes will be either held on the front lawn or in the fitness Studio (weather dependent)
All classes are designed for all fitness levels and abilities and for ages 16+
Please let your instructor know of any injuries or contraindications

