

Mothers Day AFTERNOON TEA

We cater for both gluten free and dairy free afternoon teas - please mention on booking

SAUNTON TEA

£40 per person

Pot of tea

Choose from our range (right)

Finger sandwiches

Egg mayonnaise, watercress

Smoked salmon, cucumber, lemon mayo

Coronation chicken

South west cheddar and tomato chutney

Freshly baked raisin and plain scones

Clotted cream and strawberry preserve

A selection of delicate afternoon cakes and pastries

SAUNTON VEGAN TEA

£40 per person

Pot of tea

Choose from our range (right)

Finger sandwiches

Chickpea coronation

Cheese and tomato chutney

Cucumber and dill mayonnaise

Eggless mayonnaise and chive

Freshly baked raisin and plain scones

Dairy free spread and strawberry preserve

A selection of delicate afternoon cakes and pastries

FINE TEA SELECTION

Superior black leaf tea

A subtle blend of three superior quality teas - kenya, darjeeling and assam - combined to produce an exceptional tea.

Earl Grey

Oil of bergamot has been added to this tea to create a citrus flavour, and it works well with a slice of lemon to enhance the character. Although bergamot is a citrus fruit grown in Italy, earl grey is often regarded as the height of English tea.

Assam large leaf

This is a strong, robust tea with a coppery colour. It tastes delicious with milk, which allows the rich, malty character to come through. Assam is situated in northeast India. This is the strongest tea on the menu.

Loose leaf peppermint

A refreshing herbal infusion of real peppermint leaves, which are naturally caffeine free

GREEN TEAS

Russian caravan

A blend of oolong, keemun and lapsang souchong teas. The name Russian Caravan comes from the 18th century camel caravans which brought Chinese tea to Europe. An aromatic and full bodied tea with a smoky taste.

DECAFFEINATED

This is a skilfully decaffeinated tea with less than 0.1% caffeine due to its very careful removal, yet with all the flavour you would hope for.

HERBAL & FRUIT TEAS

Camomile flower (H)

A caffeine-free drink brewed using only whole camomile flowers for a fresh, light and soothing flavour. The flower comes from the daisy family and this very delicate infusion is the lightest on the menu.

Boutique berry (F)

A full-flavoured infusion which is deep burgundy red and made with hibiscus, elderberries and redcurrants.



SAUNTON SANDS

HOTEL | SOURCE SPA & WELLNESS