

Pregnancy Consultation Form for Spa Treatment

Pregnancy treatments are suitable for 14-37 weeks of pregnancy. We do not offer any body treatments for ladies who are 1-13 weeks pregnant, but an alternative facial treatment can be offered. Please speak to a member of our team.

Our pregnancy spa treatments are specially tailored to support your well-being during this beautiful stage of life. Every treatment is performed by trained therapists using techniques that are gentle and safe for all stages of pregnancy (after the first trimester). We only use pregnancy safe products free from harmful chemicals and strong fragrances to ensure both your comfort and your baby's safety.

Relax with confidence, knowing you're in expert hands.

Client Information

Full Name:

Date of Birth:

Phone Number:

Email Address:

Emergency Contact (Name & Phone):

Pregnancy Details

How far along are you in your pregnancy?

☐ First Trimester (0-13 weeks)

☐ Second Trimester (14-27 weeks)

☐ Third Trimester (28-40 weeks)

Estimated Due Date:

Is this your first pregnancy?

☐ Yes ☐ No

Are you experiencing any of the following?

(Please check all that apply)

☐ High blood pressure

☐ Gestational diabetes

☐ Pre-eclampsia

☐ Severe swelling

☐ Bleeding

☐ History of miscarriage

☐ Other complications (please specify):

Treatment Information

Which treatment have you booked?

- ☐ New beginnings aromatherapy exfoliation and massage
- ☐ Nourishing full body massage
- ☐ Tired legs and head soother

Are you currently using any medications or topical products?

☐ Yes ☐ No

If yes, please list:

Do you have any allergies or sensitivities?

☐ Yes ☐ No

If yes, please list:

Consent and Disclaimer

I acknowledge that I am receiving spa treatments while pregnant and that I have informed the therapist of my pregnancy and any relevant health conditions. I understand that the spa therapist is not a medical professional and cannot diagnose or treat medical conditions. I affirm that I take full responsibility for receiving spa treatments during pregnancy.

Our Thermal Suite facility is not available for ladies during pregnancy for you and your babies' safety.

I agree to inform the therapist immediately if I feel discomfort at any time during the session.

Signature:

Date: