

# TERRACE MENU

## MINI DELIGHTS £

Available Daily 12pm - 9.30pm

**Marinated Bella Napoli Olives V** 6  
235 Cal

**Cracking Nuts** Sweet chilli & lime or salted V 7  
539 Cal 603Cal

**Sweet Potato Fries** Chipotle mayonnaise V 7  
668 Cal

**Prawn & Marie-rose Sliders** 9  
419 Cal

**Breaded Chicken Strips** Teriyaki sauce 8  
586 Cal

**Salt & Pepper Squid** Saffron aioli, lime 9  
553 Cal

## LIGHT BITES

Available 12pm - 4.30pm

**Carrot & Cardamom Soup V** with a warm bread roll 11  
305 Cal

**Loaded Nachos V** Three bean chilli, avocado, cheddar 17  
cheese, jalapenos, sour cream  
439 Cal

**Moroccan Loaded Pitta V** with falafel, houmous, 15  
pomegranate, pickled red cabbage, rocket leaves, mint  
yoghurt, molasses  
256 Cal

**Cornish Crab & Avocado Salad** Mixed Leaves, mango, 21  
pickled chilli, lemon dressing, coriander cress  
347 Cal

**Chicken Caesar Salad** with cos lettuce, anchovies and 17  
shaved parmesan  
347 Cal

**Saunton Dirty Fries** with BBQ pulled pork, black garlic 18  
ketchup, ranch dressing, chilli  
670 Cal

**Superfood Bowl V** Quinoa, mooli, avocado, cucumber, 17  
pickled chilli, ginger, sesame, coriander cress, spring onions,  
agave & soy dressing  
683 Cal



To view the calorific value of each dish please [scan here](#)

## HOT DISHES £

Available 12pm - 4.30pm

**Quinoa and Black Bean Burger V** with bread and butter 18  
pickles, chipotle mayonnaise, rocket and french fries  
939 Cal

**Saunton Burger** with monterey jack, smoked streaky bacon, 19  
dijonnaise, red onions, gherkins and French fries  
1247 Cal

**Fish and Chips** with Sharp's brewery doom bar batter, mushy 19  
peas, french fries and tartare sauce  
1346 Cal

**Pan Fried Potato Gnocchi V** green asparagus, garden peas 19  
mint, feta style cheese, lemon zest  
668 Cal

**Grilled Chicken Supreme** with creamed potatoes, smoked pork 24  
belly, baby carrots, red wine jus  
602 Cal

**Pan Fried Tiger Prawns** with crushed new potatoes, garlic & 25  
chilli butter, coriander cress  
723 Cal

**10oz Dry Aged West Country Rib-eye** with French fries, cherry 35  
tomatoes, choice of peppercorn sauce, café de paris butter or  
red wine jus  
1173 Cal

**Pan Fried Sea Bream Fillet** Roasted potato gnocchi, sugar 28  
snaps, lemon grass velouté, pepper & coriander salsa  
609 Cal

### Pan Fried Local Catch of Brixham Day Boats 472 Cal

Served with new potatoes, spring greens and a choice  
of saffron beurre blanc, chilli & garlic butter, tartare  
457 Cal 350 Cal 226 Cal  
sauce or gremolata £29  
268 Cal

## SIDE ORDERS 6

Grilled tenderstem broccoli 113 Cal

New potatoes 75 Cal

Green peas 173 Cal

Spinach & Garlic 279 Cal

French fries 527 Cal

Upgrade to Sweet Potato Fries 668 Cal 2

## SANDWICHES £

Available 24 hours unless stated otherwise.

All served with mixed green salad & potato crisps

**Free-range Egg Mayonnaise VG V** Served on granary 13  
bloomer bread (or vegan alt.) with watercress  
1491 Cal

**Saunton BLT** (available 10am-9.30pm) Served on granary 14  
bloomer bread with bacon, lettuce, tomato, ranch dressing  
Add a fried egg for £3 Add chicken £4  
1471 Cal

**South West Cheddar VG V** Served on white bloomer bread 13  
(or vegan alt.) with tomato chutney  
1303 Cal

**Breaded Fish Goujons** (available 10am-9.30pm) Served on 15  
white bloomer bread with tartare sauce and baby  
gem lettuce  
1471 Cal

**Smoked Salmon & Cream Cheese** Served on granary bloomer 16  
bread with chives and cucumber  
1215 Cal

**Coronation Chicken** Served on white bloomer bread with 14  
watercress  
1221 Cal

**Cornish Crab** served on granary bloomer bread with baby 21  
gem lettuce, granny smith & lemon slaw.  
779 Cal

**West Country Steak** (10am-9.30pm) Served on ciabatta, 18  
horseradish cream, rocket salad, onion and mustard jam  
1370 Cal

## CAKES & PASTRIES

**Toasted tea cake** Served with butter and preserve 6  
720 Cal

**Saunton signature cakes** Please ask for today's selection 4

**Devon cream tea** - Available from noon. Two freshly baked 14.50  
scones (plain or fruit), local clotted cream, strawberry  
preserve and a pot of tea  
1346 Cal

**Freshly baked homemade scone** One freshly baked scone, 6  
local clotted cream, strawberry preserve  
700 Cal

Whilst we do our utmost to accommodate our guests, we use a wide range of ingredients in our kitchen and we cannot guarantee any dish will be completely allergen-free due to possible cross-contamination during production. Please speak to your server for more information.

SAUNTON SANDS

HOTEL & SOURCE SPA

Please inform us, prior to ordering, if you have any special dietary requirements or allergies. Please ask to see our full allergen menu. V - Vegan, VG - Vegetarian.