

• TERRACE MENU •

MINI DELIGHTS

£

Available Daily 12pm - 9.30pm

Marinated Bella Napoli Olives **V**

235 Cal

6

Cracking Nuts Sweet chilli & lime or salted **V**

539 Cal 603Cal

7

Sweet Potato Fries Chipotle mayonnaise **V**

668 Cal

7

Prawn & Marie-rose Sliders

419 Cal

9

Breaded Chicken Strips Teriyaki sauce

586 Cal

8

Salt & Pepper Squid Saffron aioli, lime

553 Cal

9

LIGHT BITES

Available 12pm - 4.30pm

Carrot & Cardamom Soup **V** with a warm bread roll

305 Cal

11

Loaded Nachos **V** Three bean chilli, avocado, cheddar

cheese, jalapenos, sour cream

439 Cal

17

Moroccan Loaded Pitta **V** with falafel, houmous,

pomegranate, pickled red cabbage, rocket leaves, mint

yoghurt, molasses

256 Cal

15

Cornish Crab & Avocado Salad Mixed Leaves, mango,

pickled chilli, lemon dressing, coriander cress

347 Cal

21

Chicken Caesar Salad with cos lettuce, anchovies and

shaved parmesan

347 Cal

17

Saunton Dirty Fries with BBQ pulled pork, black garlic

ketchup, ranch dressing, chilli

670 Cal

18

Superfood Bowl **V** Quinoa, mooli, avocado, cucumber,

pickled chilli, ginger, sesame, coriander cress, spring onions,

agave & soy dressing

683 Cal

17



To view the calorific value of each dish please [scan here](#)

HOT DISHES

£

Available 12pm - 4.30pm

Quinoa and Black Bean Burger **V** with bread and butter

pickles, chipotle mayonnaise, rocket and french fries

939 Cal

18

Saunton Burger with monterey jack, smoked streaky bacon,

dijonnaise, red onions, gherkins and French fries

1247 Cal

19

Fish and Chips with Sharp's brewery doom bar batter, mushy

peas, french fries and tartare sauce

1346 Cal

19

Pan Fried Potato Gnocchi **V** green asparagus, garden peas

mint, feta style cheese, lemon zest

668 Cal

19

Grilled Chicken Supreme with creamed potatoes, smoked pork

belly, baby carrots, red wine jus

602 Cal

24

Pan Fried Tiger Prawns with crushed new potatoes, garlic &

chilli butter, coriander cress

723 Cal

25

10oz Dry Aged West Country Rib-eye with French fries, cherry

tomatoes, choice of peppercorn sauce, café de paris butter or

red wine jus

1173 Cal

35

Pan Fried Sea Bream Fillet Roasted potato gnocchi, sugar

snaps, lemon grass velouté, pepper & coriander salsa

609 Cal

28

Pan Fried Local Catch of Brixham Day Boats 472 Cal

Served with new potatoes, spring greens and a choice

of saffron beurre blanc, chilli & garlic butter, tartare

457 Cal 350 Cal 226 Cal

sauce or gremolata £29

268 Cal

SIDE ORDERS

6

Grilled tenderstem broccoli 113 Cal

New potatoes 75 Cal

Green peas 173 Cal

Spinach & Garlic 279 Cal

French fries 527 Cal

Upgrade to Sweet Potato Fries 668 Cal

2

SANDWICHES

£

Available 24 hours unless stated otherwise.

All served with mixed green salad & potato crisps

Free-range Egg Mayonnaise **VG V** Served on granary

bloomer bread (or vegan alt.) with watercress

1491 Cal

13

Saunton BLT (available 10am–9.30pm) Served on granary

bloomer bread with bacon, lettuce, tomato, ranch dressing

Add a fried egg for £3 Add chicken £4

1471 Cal

14

South West Cheddar **VG V** Served on white bloomer bread

(or vegan alt.) with tomato chutney

1303 Cal

13

Breaded Fish Goujons (available 10am–9.30pm) Served on

white bloomer bread with tartare sauce and baby

gem lettuce

1471 Cal

15

Smoked Salmon & Cream Cheese Served on granary bloomer

bread with chives and cucumber

1215 Cal

16

Coronation Chicken Served on white bloomer bread with

watercress

1221 Cal

14

Cornish Crab served on granary bloomer bread with baby

gem lettuce, granny smith & lemon slaw.

779 Cal

21

West Country Steak (10am–9.30pm) Served on ciabatta,

horseradish cream, rocket salad, onion and mustard jam

1370 Cal

18

CAKES & PASTRIES

Toasted tea cake Served with butter and preserve

720 Cal

6

Saunton signature cakes Please ask for today's selection

4

Devon cream tea - Available from noon. Two freshly baked

scones (plain or fruit), local clotted cream, strawberry

preserve and a pot of tea

1346 Cal

14.50

Freshly baked homemade scone One freshly baked scone,

local clotted cream, strawberry preserve

700 Cal

6

Whilst we do our utmost to accommodate our guests, we use a wide range of ingredients in our kitchen and we cannot guarantee any dish will be completely allergen-free due to possible cross-contamination during production. Please speak to your server for more information.

SAUNTON SANDS

HOTEL & SOURCE SPA

Please inform us, prior to ordering, if you have any special dietary requirements or allergies. Please ask to see our full allergen menu. **V** – Vegan, **VG** – Vegetarian.